



## **2015 APS 18-Day International Study Tour to Israel, including STAR Conference, with optional 4-day Jordan Tour**

Tour Dates including Jordan: Depart Australia 10<sup>th</sup> June, arrive back in Australia 4<sup>th</sup> July 2014. Israel only: Depart Australia 13<sup>th</sup> June.

### **About the tour**

The APS invites you to join an eighteen day study tour to Israel with Amanda Gordon, Hon FAPS. The tour has been designed to orientate participants to that part of the world, to view Israel through the lens of history, and to gain greater appreciation of the geopolitics of the region. There will be lectures from sociologists and psychiatrists, as well as psychology workshops, exploring the issues fundamental to Israeli society today. The tour will culminate in the STAR Conference in Tel Aviv [www.star2015conference.com](http://www.star2015conference.com). In addition, there will be a workshop on interfaith dialogue, meetings with Christians, Muslims and Jews who work together to promote peace, and opportunities to discuss life in modern Israel with a range of colleagues. There will also be specialist workshops with experts on responses to trauma included in the programme.

The study tour begins in modern Tel Aviv where we have briefings on the geography, history and geopolitics of the region. We meet our colleagues from the Israeli Psychological Association early on in the tour, to discuss issues for professionals in Israel. Over the eighteen days, we progress through the Land of the Bible, the First and Second

Temple periods, walk in the steps of Jesus, visit archaeological sites from the times of the Romans, the Crusaders, the Ottomans, as well as modern cities including Tel Aviv, Beersheva, and Jerusalem. We have a weekend break in the Kibbutz of Ein Gedi, near the Dead Sea, set in an amazing Botanical Gardens.

This tour will provide opportunities for peer consultation provided by Amanda Gordon (a member of both the Clinical and Health Colleges), active learning (workshops and engagement with colleagues) and other CPD through presentations by Israeli colleagues from a number of first-rate psychology departments. Particular themes include cross-cultural issues, spirituality, trauma and resilience and the therapeutic approaches required for children, adolescents and adults.

Other PD opportunities include a visit and presentations at Hadassah Hospital, Hebrew University, BenGurion University.

Israel and Australia share the distinction of having significant cultural mixes within their populations, so those seeking to develop psychological skills/techniques to assist in their work with clients from other cultures should consider joining this tour.

If your individual learning plan as outlined in the CPD requirements from the Psychology Board of Australia includes learning activities that address stress, trauma and anxiety, trauma counseling as applied to children, adolescents and adults, increased understanding of grief and bereavement, child and family therapy, medical/health psychology and/or cross-cultural psychology, educational and developmental psychology – you may wish to consider joining this study tour to Israel. Over 50 hours of quality CPD events are included, as well as opportunities for further peer networking across a range of issues.

## **Tour leader - Amanda Gordon Hon FAPS**

Amanda Gordon is a well known Honorary Fellow of the APS and member of the Clinical and Health Colleges of the Society. She was also the Chair of the recent International Association for Cross-Cultural Psychology Congress, and is currently the convener of the Refugee Issues and Psychology Interest Group. She is very familiar with Israel and has personally worked with the organizers of this tour to tailor it to meet particular needs and interests of psychologists. Amanda has liaised with many of the psychologists, psychiatrists and dinner speakers who will educate us, engage us and learn from us. Amanda

regularly supervises psychologists regarding practice issues as well as for health and clinical specialist skills. Amanda's leadership of this study tour will give participants the opportunity to work with Amanda to integrate the learning opportunities provided. In addition, she will be available to provide peer consultation around other practice issues.

## **Payment**

Total Cost of Tour, including Jordan and the STAR Conference, is \$12865 ex Sydney or Melbourne, on the basis of double or twin share accommodation. Single supplement cost is \$2725. There may be a slight differential leaving from other ports.

The cost for those going to Israel only is \$12205, with a single supplement of \$2725.

Both prices include the STAR conference and all associated costs.

This price is based on the exchange rate of the Aussie dollar being at .84 of the U.S. Dollar. In case of significant currency fluctuations there may be a slight increase in the cost.

In the first instance, to indicate interest, we invite a \$100 fully refundable deposit. The trip will only go ahead if minimum numbers are reached, so in the first week of February we will invite the first payment if there is sufficient interest to continue. At that point we will need the first installment of \$5000. There will be two further installments, payable on 14<sup>th</sup> April (\$5000) and 1<sup>st</sup> June (remainder).

## **What is included in the tour land price?**

The price quoted includes 5- star accommodation and breakfast in Jordan for three nights, 4 star hotel accommodation in Israel for 18 nights, all breakfasts, at least one other meal each day, all workshops, tour guides, entrances to museums and sites, registration and conference dinner at the STAR Conference in Tel Aviv, all meetings, dinner speakers, all transport (including airport pick-ups/drop-offs for departure).

## **What is not included in the tour costs?**

Personal spending; travel insurance; tips; lunches, dinners and beverages not specified; Border taxes and visa fees (Jordan).

## **Who should come?**

The tour is open to all APS members, and other mental health professionals – especially social workers would benefit and be most welcome - and their partners and friends.

## **What benefits can you expect from joining this study tour?**

A targeted tour of Israel and its historic sites.

An opportunity to meet and hear experts from many Israeli Universities

Increased understanding of Israel, its geography, its history, its population and the stresses under which it lives, its multicultural society and the impact of spirituality on mental health.

Increased understanding of the challenges of working for peace.

Participation in an international Psychology conference

Increased knowledge of diagnosis and treatment of trauma.

An engagement with a range of people from a variety of cultures and learning about cross-cultural psychology.

An opportunity to meet your CPD obligations and network with colleagues.

Time to explore and experience.

## **Tour Organiser: Jetset Tours Rose Bay**

We are delighted to provide you with a comprehensive “group package” for your airfares on the way to Israel in order to make your journey as smooth as possible. A special deal has been negotiated by our Israel Travel Expert for your flights to Israel on the services of El Al Israel Airlines who combine with Thai International, via Bangkok, or Qantas via Hong Kong if travelling for the Israel component only.

Group flights are confirmed ex Sydney and Melbourne on Thai International to Bangkok on 10<sup>th</sup> June, or on Qantas via Hong Kong on 13<sup>th</sup> June.

Flights for individual participants are also available ex Brisbane, Perth and Adelaide, departing on same day.

Flights for participants from Darwin are available subject to airline schedules.

Confirmed group flights on the service of El Al Israel Airlines from Bangkok to Tel Aviv will bring you into Israel in the morning of 11<sup>th</sup> June or evening of 14<sup>th</sup> June and you will be met at the airport and escorted to your bus for your journey to either Jordan or the hotel in Tel Aviv.

Confirmed GROUP flights on El Al Israel Airlines to Bangkok depart Israel on 2<sup>nd</sup> July at the end of the program and connect in Bangkok back to Sydney and Melbourne on the services of Thai International.

Through flight connections are also available back to Brisbane, Adelaide and Perth.

A special 25% Group Travel discount on both QBE and Suresave Travel Insurance Policies is available to you.

Full advice and service of our Israel Travel Expert and Groups Specialist to assist with all your travel arrangements, and provide you with the necessary tips and knowledge to make your travel experience a memorable one.

### **CONDITIONS:**

The above package applies to those participants who wish to travel on the group flights which fit into the dates of the program

It is possible to travel earlier or extend your time in Israel at the end of the program. Our Israel Travel Expert would be happy to assist you with these changes. However, should you wish to travel on different dates, the cost may vary slightly subject to the availability of the flights.

Our agent will do all possible to accommodate your travel needs due to their very strong connections with El Al, but cost of flights may increase due to tight availability during the peak holiday periods.

Should you wish to make payment by credit card, the respective merchant fees shall apply: 1.3% for Master Card/VISA, 2.2% for Diners Club, and 3% for American Express

## **Booking:**

To secure your booking for the 2014 tour to Israel, please forward a fully refundable deposit of \$100 per person to:

**Michelle Stander, Groups Travel Manager, Jetset Rose Bay**  
[michelle@jetsetrosebay.com.au](mailto:michelle@jetsetrosebay.com.au) or

**Ms Vicky Gonda, Managing Director and Travel Expert, Jetset Rose Bay** [vicky\\_gonda@jetsetrosebay.com.au](mailto:vicky_gonda@jetsetrosebay.com.au)

Jetset Tours (Rose Bay) 514 Old South Head Road, Rose Bay, Sydney, Australia, NSW, 2029 Tel: 61-2-9371-8166 Fax: 61-2-9371-4317  
Toll free number: 1800656613

**Booking form:** [Tour to Israel](#)

**Enquiries** Amanda Gordon: [agordon@apsych.net](mailto:agordon@apsych.net)