

# national psychology week

8-14 November 2009



[www.psychologyweek.com.au](http://www.psychologyweek.com.au)

*National Psychology Week is an initiative of the Australian Psychological Society*

## DIARY DATE

5 November 2009

## Psychologists tackle adolescent depression in National Psychology Week (8-14 November 2009)

**WHAT: Adolescent Depression: a symposium for psychologists and other workers with young people.**

Current Australian Research suggests that people aged 15 to 24 are more anxious and depressed than ever before, and worry about everything from body image and family breakdown to the prospect of war. However most young people with depression or common anxiety disorders report delays of five to 15 years before they receive treatment. According to Chair of the Symposium, Dr Michael Carr-Gregg, early intervention leads to better outcomes but can only occur if young people and their support networks know about mental disorders, the type of help available and where to access help.

**WHO:** The Melbourne branch of the Australian Psychological Society (APS) is hosting the symposium that features Melbourne's leading adolescent depression experts, including:

- Chair, Dr Michael Carr-Gregg
- Dr Nicole Highett, Deputy CEO of beyondblue
- Dr Michael S. Gordon, Acting Clinical Director Southern Health CAMHS, Department of Child Psychiatry, Monash University
- Dr Sophie Reid, Research Fellow & Psychologist Mobiletype Chief Investigator Murdoch Children's Research Institute, The Royal Children's Hospital
- Dr Andrew Chanen, Senior Lecturer, ORYGEN Research Centre, Centre for Youth Mental Health, the University of Melbourne
- Dr Glenn Melvin, Lecturer, Monash University Centre for Developmental Psychiatry and Psychology

**WHEN:** Wednesday, 11 November 2009 from 1pm to 3pm

**WHERE:** Copland Theatre, Melbourne University, Parkville, Victoria.

**INTERVIEW OPPORTUNITIES:** Media are invited to attend the symposium and Dr Michael Carr-Gregg will be available for interview prior to the symposium also.

**For media enquiries please contact:**

**Ellise McLoughlan**

**Marketing and Public Relations Coordinator**

**Australian Psychological Society**

**T: 03 8662 3301**

**E: [media@psychology.org.au](mailto:media@psychology.org.au)**

**W: [www.psychology.org.au](http://www.psychology.org.au)**

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*The APS is the largest professional association for psychologists in Australia, representing more than 17,500 members. The APS is committed to advancing psychology as a discipline and profession. It spreads the message that psychologists make a difference to peoples' lives, through improving psychological knowledge and community wellbeing.*