

PsychNews



APS Australian
Psychological
Society

The **Victorian** Branch Newsletter
NOVEMBER 2011

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Victorian State Committee

Bendigo Chair:	Dr Anna Kokavec (w) (03) 5444 7334 Email: a.kokavec@latrobe.edu.au	Mornington Peninsula:	Dr Di McGreal Email: di@doctordi.com.au
Melbourne:	Simon Kinsella 0414 376 226 Email: simonkinsella@cpc.com.au	Central Gippsland:	Jeremy Parker Email: jparker@geogroup.com.au
Ballarat:	Dr Suzanne McLaren (w) (03) 5327 9628 (f) (03) 5327 9840 Email: s.mclaren@ballarat.edu.au	South West Victoria:	Lynn Brown Email: lynn.brown@centrelink.gov.au
Barwon:	Ms Jane Reynolds (w) (03) 5220 8343 0410 488 234 Email: Jane.Reynolds@justice.vic.gov.au	Editor for the Vic State Committee:	Felicity Allen (w) 9529 6919 (f) 9529 6919 Email: felicityallen@iinet.net.au
Albury-Wodonga:	Lea Casey (w) (02) 6041 4494 Email: Lea.casey@gmail.com	Board Representative:	Dr Elizabeth Celi Email: info@drceli.com.au

Colleges

Clinical:	Anthony Cichello Email: amcpsych@optusnet.com.au	Educational and Developmental:	Vivienne Seidner Email: seidner.vivienne.v@edumail.vic.gov.au
Clinical Neuropsychology:	Emilie Tijs 0419 342 543 Email: Emilie.Tijs@mh.org.au	Forensic:	Dr Michael Daffern (f) 9947 2650 Email: michael.daffern@med.monash.edu.au
Community:	Catherine D'Arcy Email: catherinedarcy@optusnet.com.au	Sport and Exercise:	Jacqui Lorder jlorder@opsmc.com.au
Counselling:	Michael Di Mattia (w) (03) 9904 4223 (f) (03) 9904 4676 michael.dimattia@monash.edu	Organisational:	Ern Green cop.vic.chair@gmail.com
		Health Psychology:	Louisa Hoey Email: louisahoey@gmail.com

Interest Groups

Aboriginal & Torres Strait Islander and Psychology	Yvonne Clarke (Co-convenor) yvonne.clark@adelaide.edu.au Kerrie Kelly (Co-convenor) KerrieAKelly@bigpond.com	(08) 8303 5007 (02) 6632 3077	Men and Masculinities	Marshall O'Brien mobcj@cybermac.com.au	(02) 6273 4314
Acceptance and Commitment Therapy and Psychology	Matthew Smout smout.matthew@health.sa.gov.au		Narrative Theory and Practice	Rina Taub rina@insightnarrative.com.au	
Ageing and Psychology	Yvonne Wells y.wells@latrobe.edu.au	(03) 9479 5809	Neurofeedback and Psychology	Jorge Aroche jorge.aroche@sswaha.nsw.gov.au	0417 028 041
Buddhism and Psychology	Liana Taylor liana@mindfulnesscentre.com	(08) 8272 0046	Perinatal and Infant Psychology	Bronwyn Leigh bron@internode.on.net	0448 758 198
Child, Adolescent and Family Psychology	Jenny Hill jenhill@alphalink.com.au		Personal Construct and Psychology	Bill Warren william.warren@newcastle.edu.au	
Christianity and Psychology	Rosemary de Castella r_de_castella@yahoo.com.au		Promotion of Animal Welfare	Heather Parbs heatherparbs@aol.com	0417 521 238
Coaching and Psychology	Nic Eddy nic@eddy.net.au		Psychologists for Peace	Margot Trinder margot.trinder@gmail.com	0438 879 360
Complementary and Alternative Medicine and Psychology	Peta Stapleton pwstapleton@bigpond.com		Psychologists in Oncology	Carolyn Howard cmhoward@nscchahs.health.nsw.gov.au	(02) 9252 9655
Cultures and Psychology	Nigar Khawaja n.khawaja@qut.edu.au	0412 742 946	Psychology of Relationships	Ross Wilkinson Ross.Wilkinson@anu.edu.au	(02) 6125 2814
Deafness and Psychology	Louise Munro louise@evisionSR.com	(07) 3289 8348	Psychoanalytically Oriented Psychology	Ethel Tillinger ethelt@streetwise.com.au	
Dispute Resolution and Psychology	Mark England England@casinocontrol.nsw.gov.au Katherine Johnson johnson.katherinep@gmail.com	(02) 8234 8831	Rehabilitation and Psychology	Karleigh Kwapil karleighk@gmail.com	
EMDR and Psychology	Rosalie Gannon rosalie@acaciacounselling.com.au	(03) 9568 3170	Rural and Remote Psychology	Ailsa Drent ailsa@ozramp.net.au	0419 872 532
Environment and Psychology	Bev Ernst bevernst@bigpond.com	(03) 6334 7922	Substance Use and Psychology	Lynne Magor-Blatch magor-blatch@grapevine.com.au	(02) 6231 2350
Evolutionary Psychology	Andrew Kaw andrew.kaw@dcs.nsw.gov.au	(02) 8347 1317	Sufism and Psychology	Robert Parkhurst robertparkhurst@bigpond.com	
Family Law and Psychology	Vincent Papaleo vpapaleo@alphalink.com.au	(03) 9853 9022	Teaching and Learning Psychology	Frances Martin (Co-Convenor) F.Martin@utas.edu.au John Reece (Co-Convenor) john.reece@rmit.edu.au	
Gay and Lesbian Issues and Psychology	Graeme Kane graemekane@yahoo.com	0432 841 440	Telephone, Internet-based Counselling and Psychology	David Kavanagh david.kavanagh@qut.edu.au	
Intellectual & Other Developmental Disabilities and Psychology	Keith McVilly keith.mcvilly@deakin.edu.au		Transpersonal Psychology	Nic Morrey contactnicmorrey@gmail.com	
Islamic Perspective and Psychology	Hanan Dover h.dover@psychcentral.com.au	(02) 9759 7761	Trauma and Psychology	Peter Horton peter.horton@traumacentre.com.au	
			Women and Psychology	RaeLynn Wicklien raelynn.wicklein@rmit.edu.au	(03) 9925 4365

Next issue: January 2012 (deadline **1 December 2011**)

Copy should be sent to Felicity Allen, Email felicity.allen@monash.edu.au

Please do not send copy direct to publishers.

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(deadline 1 December 2011)**

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Editor: Felicity Allen

P: (03) 9529 6919

F: (03) 9529 6919

E: felicity.allen@monash.edu.au

Publishing Consultants:

Artemis Publishing Consultants
221B Liverpool Street, Hobart 7000
PO Box 390, Sandy Bay Tasmania 7006
P: (03) 6231 6122
F: (03) 6231 6322
E: ashield@artemispub.com.au

MELBOURNE BRANCH REPORT

As we approach November the APS campaign against cuts to funding of Better Access to Mental Health continues. At this stage there has been no change to the Commonwealth Government plan to cut back on Better Access funding. So officially, from November 1, clients will only be eligible for six sessions followed by a further four sessions. The National Office assures us that advocacy will continue; it is most unfortunate that the advocacy to date was not able to bring about change as it is the most unwell clients who will be disadvantaged by this change.

National Psychology Week is fast approaching, and the research theme this year is stress. Once again many individuals, organisations and branches are organising their activities for the week which runs from November 13 to 19. At the time of writing this, there were already 321 events listed across Australia. For further information go to www.psychologyweek.com.au. If you are short of ideas have a look at the events already listed, you may be able to replicate an event in your area.

Melbourne is fortunate to be the host city for the Educational and Developmental Psychology conference this year. The conference will run from 25 to the 26 of November, at the Rendezvous Hotel in Melbourne.

The Melbourne Branch has continued to work hard on the issue of supervision, and the 4 + 2 pathway. A forum was held about two months ago, where many interested supervisors attended and contributed their opinions. The supervision working party will continue with the agenda of exploring how to support supervisors and supervisees, and to make the process of supervision as transparent as possible. From my own discussions with members of the regional

board of the PsyBA it was made clear that the board needs hard data to assist in making decisions. There have been many claims about employers withdrawing from offering placements and supervision of 4 + 2 candidates, but there have been no direct representations from such employers, and no overall data to date on the number of organisations that no longer offer 4 + 2 placements.

A final note for the Melbourne Branch. The AGM will be held at 5.30pm on December 1, 2011 at the Sofitel on Collins Street. This year is a full election of the committee. I will be stepping down as chair as I have accepted a position on the regional (Victoria/ACT/Tasmania) board of the PsyBA. The AGM will be followed by the Christmas function, which will be held in the Fitzroy Ballroom. It promises to be a great night. Comedienne Cal Wilson (from Good News Week and other great shows) will be performing after dinner.

As the outgoing chair of the Melbourne Branch I would like to express my gratitude to the committee and to the members who have contributed to the activities of the Branch. The Melbourne Branch is the biggest in the country, with over 4000 members, and is amongst the most active. The success of the branch is a credit to all of those who have contributed.

As chair of the Victorian State Branch, however, you'll be hearing from me next time.

Dr Simon Kinsella

Chairman of the Melbourne Branch

Chairman of the Victorian State Committee

NATIONAL NEWS

This regular report provides information on some of the recent activities and news from the APS National Office.

Results of APS Board of Directors election 2011

An election for the President-Elect and two General Director positions on the APS Board of Directors was held and the result was declared at the Society's AGM on 6 October 2011. The successful candidate for the President-Elect is Mr Tim Hannan FAPS. Following a 12-month term as President-Elect, Tim Hannan will assume the office of President of the Society from the AGM in 2012 for a two-year term. As Tim is currently a Director on the APS Board, his election to President-Elect has produced a third vacancy for a General Director on the Board.

Therefore three successful candidates have been elected to General Director positions on the Board and they are Associate Professor Erica Frydenberg FAPS and Professor Mike Kyrios FAPS for three-year terms, and Mr Alan Plumb FAPS for a two-year term to fill the vacancy left by Tim Hannan.

At the first meeting of the new APS Board of Directors following the AGM, two additional Directors were appointed to provide greater Board diversity. These are Ms Sue Carter and Dr Nick Reynolds MAPS who have each been appointed for a one-year term. Profiles of all members of the new APS Board can be found on the APS website under 'About the APS'.

New APS Divisions to give all members a forum

As part of the governance review of the Society, the recent work of the APS Constituent Units Review Committee investigated whether alternative structures might better meet the needs of the Society to ensure the APS fulfils its primary function of serving its members. In particular the Committee considered how to give greater representation to all members, particularly non-specialist psychologists and academics and educators, some of whom did not have a particular 'home' within the current member group structure.

The Review Committee recommended a new Divisional structure to ensure that all categories of members have a forum with which to engage to make policy recommendations, and to facilitate communication throughout the APS.

The three new Divisions will be:

1. Division of Specialist Psychological Practice
2. Division of General Psychological Practice
3. Division of Research, Education and Training

This new structure will ensure that there is a strong voice for all sections of the APS membership, and will enable tailored advocacy and policy preparation, and the development of resources and initiatives to suit their particular needs. The functions and processes associated with the new Divisions within the Society are still being finalised, but they will have a direct conduit to the Board of Directors and National Office through regular

meetings with the Executive Director and President, as currently happens with the College Chairs' Forum.

Evolution of the APS logo

An initiative to enable greater recognition of the APS postnominals (Hon FAPS, FAPS, MAPS, Assoc MAPS) that signify belonging to the peak professional organisation for psychology has commenced. This has entailed an evolution of the APS logo so that it more prominently displays the APS acronym that is used in the postnominal letters, while still retaining links to the previous logo. The 'refreshed' logo reflects the APS history as a learned society through the retention of the tree of knowledge, but provides a more forward-looking image and prominent APS acronym that will assist in increasing awareness of the meaning of APS members' postnominals. The refreshed APS logo was launched at the APS Conference and will gradually be incorporated across all APS communications materials, resources and stationery in the coming months. The changes to the APS logo are part of a wider initiative to ensure that all APS members benefit from the growing strength and prominence of the Society.

Deadline for meeting CPD requirements is fast approaching

The end of the first annual continuing professional development (CPD) cycle under the new arrangements is imminent, and all CPD requirements must be met by 30 November 2011. There is a complex array of mandatory CPD requirements for maintenance of

general registration with the Psychology Board of Australia, membership of the Australian Psychological Society, and Medicare provider status. Those members who have not yet commenced logging their CPD using the APS online CPD logging system are strongly encouraged to do so to assist them in understanding, organising and tracking their individual CPD requirements. The APS has also developed comprehensive CPD information which is available on the website. The APS CPD resources and logging system can be accessed from the APS website under 'CPD and Events'.

Registration renewal with the Psychology Board of Australia due by 30 November 2011

All members who hold full ('general') registration with the Psychology Board of Australia are reminded that registration renewal is due by 30 November 2011. Psychologists in all States and Territories of Australia (including those with non-practising registration) are required to renew their registration by this date. The only exception to this is psychologists who hold provisional registration, who must renew their registration on their anniversary date.

The registration renewal process is being managed by the Australian Health Practitioner Regulation Agency (AHPRA). Psychologists will be notified by email and mail that registration renewal is due.

There are substantial late fees and serious consequences if registration is not renewed on time, so members are urged to renew their registration by 30 November 2011 to avoid these problems.

**Professor Lyn Littlefield OAM FAPS
Executive Director**

MELBOURNE BRANCH AGM

THURSDAY 1 DECEMBER, 5.30pm

VICTORIA SUITE 2, SOFITEL MELBOURNE ON COLLINS, 25 Collins Street, Melbourne

Please note that there is no need to register in order to attend the AGM

The AGM will include elections for all office positions:

Chairperson / Treasurer / Secretary / and Committee Members

If you wish to stand for any of the above positions, you MUST fill in the nomination form and return to National Office by 28 days prior to the date of the AGM.

The relevant form can be found in Appendix 14 at:

<http://www.groups.psychology.org.au/branches/manual/?ID=2782>

The AGM will be followed by the Melbourne Branch End of Year/Christmas Function.

Dinner with entertainment by Cal Wilson – one of Melbourne's best loved comedians.

If you wish to attend the dinner you must register but please note that official notification and information about registering for the dinner will not be announced until next week.

BRIEF RESEARCH UPDATES

Suicide and physical illness

An English study has found that one in ten people who commit suicide is chronically or terminally ill; a link so strong that the author of the research (Bazalgette, 2011) proposed that chronically ill people should be regarded as a high risk group for suicide. She commented that the figure is likely to be an underestimate because coroners do not always report relevant health information in their inquest reports. While the findings of the report are addressed to doctors, particularly GPs, they are important for psychologists as well. Louise Bazalgette advocated that health care professionals dealing with chronically ill people need to be aware that they may be depressed and struggling and should take care to raise the issue of suicidal thoughts and feelings. Are there comparable Australian figures? *The Truth About Suicide* is at www.demos.co.uk. (BMJ 2011; 343:d5464)

Lithium and cognitive function

Long term treatment with lithium may help to improve cognitive function, although the findings are limited so far to a small sample of patients. Forty five patients with amnesic mild cognitive impairment were randomised to receive lithium or placebo over a 12 month period as part of a double blind trial. Lithium produced a significant decrease in the cerebrospinal fluid concentrations of substances associated with Alzheimer's disease and better performance on the cognitive subscale of the Alzheimer's disease assessment score and in attention tasks. The treatment was well tolerated and the adherence rate was 91%. (*British Journal of Psychiatry* 2011; 198: 351-6, doi:10.1192/bjp.bp.110.080044).

FMRI study of psychotherapy for trauma

An FMRI study looked at the brain activity underlying trauma and coping in a group of police officers in Sao Paolo who had suffered a gunfire attack. Those without PTSD showed increased medial prefrontal cortex activity and decreased amygdale activity during the retrieval of traumatic memories. Those who had PTSD showed similar neural activities after undergoing psychotherapy as well as a 37% reduction in symptoms. The findings suggested that psychotherapy may help build resilience by weakening the sensory content of traumatic memories while strengthening them cognitively. (*Journal of Psychiatric Research* 2011; 45:727-34,doi:10.1016/j.jpsychres.2010.11.004).

PSYCH NEWS

FROM THE EDITOR



Felicity Allen

Can anyone else believe that it's November already? Another year almost gone and time to think about Christmas breaks and/or Christmas presents.

I hope that our Melbourne readers will attend the AGM this year which is on at the Sofitel Hotel in Collins St (you get the full details in the big announcement). This is your chance to meet the members of the Melbourne branch and let us know whether you think that we are doing a good job of representing your interests. The responses to the survey showed concerns about a number of areas as we reported to you. Have we responded adequately and dealt with your issues? There's nothing like face-to-face feedback, so do come along and have your say.

An interesting trend in *PsychNews* in this edition is the appearance of advertisements from other health professions. I hope that this trend will continue and I will be trying to strengthen and support it in 2012.

Thanks for all the support that you have given to me personally and to *PsychNews* as an institution during 2012. Have a lovely festive season everyone!

You can reach me on felicity.allen@monash.edu.au or felicityallen@inet.net.au

MELBOURNE BRANCH STUDY GROUP NETWORK

The Melbourne Branch Study Group Network (SGN) concludes 2011 on a strong note having delivered on its aim of providing affordable Professional Development (PD) study groups in Members' homes or offices

The past year has seen significant growth in the range of Presenters and Groups delivered for our Members.

Some of the new Groups have included:

- Dr Craig Hassed: The Mindfulness in Action series (Part 1, Part 2 and The Master Class and The Stress Release Program)
- Dr Ciaran Pier: Training in Focussed Psychological Strategies
- Dr Monica O'Kelly: CBT Theory and Practice
- Dr Jo Mitchell: Positive Psychology – Wellbeing, Science and Practice

Following the success of our Strategic Planning day held in July 2011 we now have a number of new Hosts and Venues to deliver Study Groups across Melbourne. Finally, we would also like to acknowledge with thanks the support of our Members.

Planning for 2012 is currently underway. We are always on the look out for new Hosts and Venues. It's a great way to meet colleagues and presenters – and get your PD free! If you would like to get involved as a Presenter or Study Group Coordinator please contact Jill Wright at jill@psychologymelbourne.com.au or Ann-Marie DiMichiel Hearn on 0422 768 627 or amdichiel@bigpond.com.

Enrolments for all Study Groups are done via the APS Events calendar at www.psychology.org.au/Events/ – or the Melbourne Branch web page at www.groups.psychology.org.au/sgn/

Topic: Positive Psychology – Wellbeing, Science and Practice
Presenter: Dr Jo Mitchell
Area Coordinator: Guy Avisar (Albert Park)
Date: Sunday 13 November; 1pm – 5pm
Costs: \$100
CPD Hours: 4
Contact: 0403 352 056

Topic: Understanding Attachment: The Connecting Thread through the Lifecycle
Presenter: Dr Ruth Schmidt-Neven
Area Coordinator: Vivienne Wisniewski (Carlton North)
Date: Saturday 26 November; 9am – 1pm
Costs: \$110 (includes GST)
CPD Hours: 4
Contact: 0409 200 065

COLLEGE OF HEALTH PSYCHOLOGISTS

Upcoming Health Psychology Related Events

APS College of Health Psychologists, Victoria Annual General Meeting

24 November 2011, 6.30pm

The Boardroom, Cabrini Hospital, 183 Wattletree Rd, Malvern.

Victorian APS Psychologists in Oncology Interest Group

Meets monthly (except January and February each year) on the first Wednesday of the month.

Time: 6.30pm

Venue: The Retreat Hotel

226 Nicholson Street Abbotsford 3067

<http://www.theretreathotel.com/locations.html>

Please RSVP to Mary Harvey on 0417 311 246 or at maryjharvey@bigpond.com.

The Australian Association of Developmental Disability Medicine (AADDM) 2012 Conference

8-10 March 2012; Sydney

Themes: Mental Health, Physical Health Across the Life Span, and Health Services Development.

For more information visit www.aaddm2012.com

Australasian Society for Behavioural Health and Medicine 9th Annual Scientific Conference

8-10 February; Melbourne

Theme: Closing the gaps: Strengthening partnerships for understanding and improving health behaviour

For more information see www.asbhm.org/civicrm/event/info?reset=1&id=1

Allied Health Professions Australia 9th National Conference

1-3 April 2012; Canberra

Theme: Allied Health – Strengthening Health Outcomes

For more information visit

<http://www.alliedhealthconference.com.au/>

COLLEGE OF CLINICAL PSYCHOLOGISTS

The Victorian section of the Clinical College extends a warm invitation to our

Annual General Meeting and end of year celebration Wednesday 7 December

To be held at Quay West, 26 Southgate Ave Southbank.

Drinks will be served from 5pm

AGM at 5.30 and dinner at 6.30pm

An update of college activities and how the year's events have impacted Clinical Psychology, will be presented by our National and Victorian Chair, Mr Anthony Chicello.

The guest speaker is **Dr Allan Shafer**, Clinical Psychologist, acclaimed author, teacher and supervisor in private practice who will present on clinical supervision: the differences, connections and value of individual supervision, peer supervision and the concept of "inter-vision."

Please take up this opportunity to socialise, network and catch up with your clinical college peers. Notification on nominations to the committee will be sent out via email.

Cost: \$35 for college members and \$45 for non-members, students may attend for no cost.

Registration: Go to APS events page for online registration.
Please register by 30 November for catering purposes.

Enquiries: For information, call Karen Weiss on 0448 700 017

COLLEGE OF EDUCATIONAL AND DEVELOPMENTAL PSYCHOLOGISTS

2011 APS College of Educational and Developmental Psychologists National Conference

Friday 25 November
Workshops Saturday 26 November

Venue: Melbourne CBD Tourist Precinct, Rendezvous Hotel, 328 Flinders Street, Melbourne

A conference not to be missed – pleasure and learning

This is the third National Conference of the College of Educational and Developmental Psychologists and each year our conference has grown in scope and opportunity. Last year it was a sell-out and we had to turn people away. The two-day event will feature a scientific meeting on the first day and a second day of workshops.

The conference spans a broad sweep of educational and developmental psychology, with a positive focus on health and wellbeing as well as learning outcomes. The three keynote speakers represent what we know as best practice in young people's mental health and the avoidance of depression, the development of social emotional skills in the educational context and the diagnosis and intervention for learning difficulties. The three keynote speakers represent cutting edge research and practice from Australia and the United States. In addition to the keynote speakers and the workshops that follow, the scientific papers should prove to be strong and diverse, representing Australian research and practice. This conference should appeal to practitioners and researchers working with young people in a range of setting that cover health, being and learning.

Three Keynote Speakers Friday 25 November

Professor Nancy Mather, University of Arizona

CHC theory to Intervention: Promoting Reading Development - Contributing to wellbeing through effective intervention for literacy problems using psycho-diagnostics based on recent advances in ability research

Professor Mather has work published on learning difficulties, exceptionality and evidence based intervention.

Professor Tim Sharp, The Happiness Institute, Sydney

Positive Development and Wellbeing: Theory and Application of the Science of Positive Psychology

Prof. Timothy Sharp is an academic, clinician and coach and he's the founder of The Happiness Institute,

Professor Nick Allen, University of Melbourne

Family processes and adolescent depression

Professor Allen's interests include positive adolescent development and the prevention and treatment of mental health problems.

Two Concurrent Workshops: Saturday 26 November

Professor Nancy Mather, University of Arizona

Diagnosing Learning Disabilities

Associate Professor Erica Frydenberg

Coping as a Positive Psychological Tool: What we have learned and how we can develop skills to build resilience

See APS website for details

<http://www.groups.psychology.org.au/cedp/2011-conference/>

Conference Dinner – Friday 25 November, Federation Square.

Look forward to seeing you there

Erica Frydenberg

On behalf of the conference team

ENQUIRIES:

Erica Frydenberg Conference Chair: e.frydenberg@unimelb.edu.au

John Roodenburg Scientific Program Chair: john.roodenburg@monash.edu

PERINATAL AND INFANT PSYCHOLOGY INTEREST GROUP (PIPIG)**Mentalization and Parental Reflective Function:
An Introduction****Presenter: Dr Bronwyn Leigh****Friday, 11 November 2011, 2pm – 4.30pm**

Mentalization, or reflective function, is the capacity to attend to states of mind in oneself and others and to use this capacity to understand observable behaviour. Mentalization assists the development of affect regulation, attachment, a sense of self and healthy interpersonal relationships. The importance of mentalization to the development of affect regulation and attachment status is particularly pertinent in working with a perinatal population and the Borderline Personality Disorder group.

This 2.5-hr seminar will provide an introduction to the concept of mentalization focusing on outlining the work of Peter Fonagy, Arietta Slade and colleagues. Current research exploring parental reflective function and mentalization-based treatments will be presented. Mentalization will also be briefly discussed in relation to mindfulness, highlighting the interpersonal neurobiology model of Dan Siegel. There will be time for discussion so participants can explore useful ways to integrate mentalization principles into their clinical practice.

This is a repeat of the small group seminars presented in February 2011.

Dr Bronwyn Leigh is a clinical and health psychologist with Perinatal Psychology, a private practice specialising in psychological services to parents, infants, couples and families during the perinatal period. She has a particular interest in integrating mentalization, mindfulness and infant mental health principles.

- When:** Friday, 11 November 2011, 2.00pm-4.30pm. Registration from 1.30pm
- Where:** Cinema, Hawthorn Campus, University of Melbourne
442 Auburn Road. Hawthorn
(Registration at Auburn Road foyer)
- Cost:** \$30 PIPIG members and students, \$40 non-PIPIG members
Afternoon tea provided prior to the seminar
- Register:** Online at the APS Events Calendar:
http://www.groups.psychology.org.au/pipig/events_cpd/
- Queries:** Bronwyn Leigh: bron@internode.on.net

CHRISTIANITY AND PSYCHOLOGY INTEREST GROUP

CAPIG END OF YEAR DINNER *'Blessed are...'*

We invite you to join us for our last event of the year – an evening of good company and meeting up with fellow travellers who have been considering the impact of the Beatitudes in practice, as we have done, over the past year. All friends most welcome.

Date: 17 November

Time: 7pm

Venue: Harbour View Restaurant, Sandringham Yacht Club
Jetty Road, Sandringham 3191. Ph 9599 0999

Menu is à la carte, view on web site:

<http://www.syc.com.au/food-beverage/harbourview/>

Enquiries: Elizabeth Kinsey, on 0409717247 or cekinsey@optusnet.com.au

Please RSVP by 10 November

TRAUMA AND PSYCHOLOGY INTEREST GROUP

Presents an invitation to a clinical discussion:

*Working with women living with the traumatic impacts of
gender-based violence*

Monday 21 November 5.30pm to 8.30pm

Australian Catholic University – 115 Victoria Parade Fitzroy VIC 3000

The Australian Psychological Society Trauma and Psychology Interest Group are proud to present the event seminar *Working with women living with the traumatic impacts of gender based violence*. We have **Guest speaker Elizabeth McLindon**, a Counsellor Advocate from the Centre Against Sexual Assault (CASA House) in conjunction with the Royal Women's Hospital. This seminar/workshop will canvass the current evidence-base about the nature and consequences of gender-based violence, its multifaceted traumatic and other health impacts and the key issues relevant to working with this and related issues in clinical practice.

There will be an opportunity to engage in a discussion relating to the topic towards the end of the presentation.

Cost (Inc GST): Student: \$15 (Special Discount Rate)
APS Member \$25
Non APS Member \$30

To Register Contact: Samantha Hyatt
Email: samantha.hyatt@traumacentre.com.au

This is our last seminar in 2011 so please get in early for this last professional development! We will be back next year bigger than ever so please keep posted on future events.

Thank you to all those members and attendees who have supported us and participated in our events throughout 2011 your contribution is valuable beyond words.

From all of us at TAPIG have a Merry Christmas and a wonderful New Year in 2012.

APS PEER CONSULTATION NETWORK

*All welcome to attend –
contact the cluster leader firstly*

CLUSTER: ALBERT PARK & ENVIRONS

Cluster Co-ordinator: Dr Jan Smith
Mobile: 0416 297 354
P/F: 03 9681 6990
E: jansmith1@ozemail.com.au
Meetings: Second Wednesday of the month
7 – 9pm
Venue: Albert Park, phone Jan for details
Focus: Information sharing, professional issues
and updates, case presentations, networking
and peer supervision. Supper served. New
participants are welcome.

CLUSTER: BALWYN

Cluster Co-ordinator: Elizabeth Harding
P: 0431 833 077
E: eharding@email.com
Meeting Time: Third Wednesday of the month
from 6pm
Venue: Balwyn Library, 336 Whitehorse Road,
Balwyn
Notes: Case discussions and presentations,
information sharing, peer support addressing
individual and general needs and issues

CLUSTER: BARWON

Cluster Co-ordinator: Jane Reynolds
P: 03 5220 8343
E: Jane.Reynolds@justice.vic.gov.au
Meet: 2nd Tuesday of the month
Time: 7pm – 9pm
Venue: Contact co-ordinator for details
Focus: Peer Supervision Group

CLUSTER: BAXTER

Cluster Co-ordinators: Fran Malcolm &
Dr Di McGreal
P: 9783 3222
F: 9783 9966
E: franmal8@bigpond.com
di@doctordi.com.au
Meeting Time: Last Wednesday of the month.
6.30pm – 8.30pm
Venue: Baxter Clinics, 76 Baxter Tooradin Road,
Baxter, 3911 (next to Baxter P.O.)
Focus: Speakers, case presentations, networking,
peer support and supervision.
Pizza provided

CLUSTER: BRIGHTON

Cluster Co-ordinator: Helen Norman
P/M: 9095 8521(bus)/0408 328 024
E: helen@peternorman.com.au
Meetings: Held first Thursday of each month
Time: 7.30pm – 9pm
Venue: Rotational basis in members' homes
Focus: Presentations, case discussions and
information sharing in a relaxed, supportive
atmosphere.

CLUSTER: CANTERBURY

Cluster Co-ordinator 1:
Dr Hemalatha Sivakumaran
P: 0433 066 662
E: hemapsych@gmail.com
Cluster Co-ordinator 2: Jenny Corran
P: 0414 978 114
E: corranj@aapt.net.au
Meeting Time: 1st Sunday of the month unless
otherwise stated, 3-5 pm
Venue: The Baptist Church meeting room,
10 Y Street Ashburton. Entry via Marquis Street
(off High Street)
Focus: Peer consultation and case presentations,
educational seminars by peers, guest speakers
on specialised topics and opportunity to
network and receive peer support.

CLUSTER: CARLTON/BRUNSWICK

Cluster Co-ordinator: Sonja Nota
P: 03 9457 6687 (ah)
E: nota@bigpond.com
Dates: Meetings are held second
Monday each month at 7.30pm – 9pm
Focus: Individual psychologist's needs;
case study supervision support and counselling
issues; presentations/information sharing;
theoretical discussions. Psychology backgrounds:
varied, incl. existential, REBT, CBT,
psychodynamic. All welcome – a very friendly
and relaxed bunch!

CLUSTER: CARNEGIE

Cluster Co-ordinator: Maria Morley
P: 0407 875 567
E: morley.maria.m@edumail.vic.gov.au
Dates: TBA
Venue: Rotation of members' homes or offices
Enquiries and venue details, please phone
or email Maria.

CLUSTER: CAULFIELD

Cluster Co-ordinator 1: Rosemary Starr
P: 9571 3117, 0407 363 692
E: randrstar@optusnet.com.au
Cluster Co-ordinator 2: Vivienne Seidner
M: 0402 647 560
E: seidner.vivienne.v@edumail.vic.gov.au
Date of Next Meeting: 4th Monday of month.
Contact Vivienne/Rosemary for details.

CLUSTER: EAST BENTLEIGH/SOUTH CAULFIELD

Cluster Co-ordinator: Sarah Godfrey
& Michelle Glassenbury
P: 9570 5305
E: sgpsych@bigpond.net.au
Date of Meeting: First Wednesday of every month.
Time: 7.30pm – 9pm
Venue: 201 East Boundary Road, East Bentleigh
Focus: Structured to allow each member
presentations, seminars, case study, supervision,
professional issues and support. Numbers will
be limited to create a friendly, enjoyable,
connected group and to allow everyone equal
space to discuss, present and participate.

CLUSTER: EAST BURWOOD

Cluster Co-ordinator: Carmel O'Brien
P: 0412 074 212
Daytime Cluster: Thursday
10am – 12noon. Fortnightly
Contact: Carmel O'Brien 0412 074 212
Venue: 323 Blackburn Road,
East Burwood 3151.

CLUSTER: ELTHAM/MONTMORENCY

Cluster Co-ordinator: Glenys Murray
P: 9870 7310(w) 0401 057 461
E: Glyns.Murray@easternhealth.org.au
Meeting Time: 7.30pm, 1st Thursday
of the month
Venue: Montmorency (subject to change)
Focus: Case studies, counselling issues, sharing
of resources/information.

CLUSTER: HEIDELBERG

Cluster Co-ordinator: Anastasia Contos
P: 9455 1893
Date of Meeting: 4th Thursday of the month.
Time: 8.00pm
Venue: 133 Hawdon Street, Heidelberg
Group Focus: Open to any psychologists in
the area who are interested in networking with
peers and having peer supervision.

CLUSTER: LILYDALE

Cluster Co-ordinator: Rosemary Thomas
P: 0409 142 044
E: rathomas@bigpond.net.au
Date of Meeting: 4th Monday of the month
Time: 7pm
Venue: Contact Rosemary
Notes: Networking, case studies, peer support, information sharing.

CLUSTER: MACEDON RANGES

Cluster Co-ordinator: Kate Crowhurst
P: 03 5428 3355
E: crowhk@vic.chariot.net.au
Date of Meeting: 7pm Fourth Monday of each month
Venue: Victoria Hotel Woodend (upstairs)
Focus: Information sharing, case discussions, networking, peer support.

CLUSTER: MELBOURNE CBD

Cluster Co-ordinator: Elizabeth Warren and Bill Efremidis
P: 9279 3929 (Elizabeth) or 9678 9090 (Bill)
Date of Meeting: Every third Wednesday of the month
Time: 7.00 – 8.30pm
Venue: Contact Elizabeth or Bill
Focus: Informal meetings covering clinical, counselling and forensic issues. Interests include case discussion and review, recent research and publications, with an opportunity to network and share information. All welcome.

CLUSTER: MORWELL

Cluster Co-ordinator: John Redman
P: 03 5133 9191
E: redmanandassoc@net-tech.com.au
Meetings: Every 4 weeks
Venue: Contact Lynne Nikodemski
Notes: Counselling, clinical, educational, forensic.

CLUSTER: NORTHCOTE/PRESTON

Cluster Co-ordinator: Sofia
 (contact for new inquiries)
M: 0406 931 394
E: sofiakhouw@yahoo.com
Date of Next Meeting: Third Tuesday of the month
Time: 7.00 – 9.00pm
Venue: Usually a pub in North Fitzroy
Focus: have dinner together, agenda for the evening includes practice issues, recent developments, news to share, successes achieved and then case presentations. A friendly and outgoing group of people who welcome newcomers.

CLUSTER: PRAHRAN

Cluster Co-ordinator: Richard Wright
P: 0400 930 252
E: Wright.richard.r@edumail.vic.gov.au
Date of Next Meeting: Second Tuesday of the month, 7.30pm
Venue: Ring Richard for details
Notes: Case discussions; professional issues and presentations. Email contact preferred.

CLUSTER: SHEPPARTON

Cluster Co-ordinator: Shanel Few
P: 5831 5399
E: shanel.few@gvgp.com.au
Date of Meeting: Bimonthly on the 2nd Friday 11am-1pm
Venue: GVGPs, 226 Wyndham Street, Shepparton
Format/focus: Case presentations, professional development, professional issues & networking.

CLUSTER: SOUTH BLACKBURN/EAST BURWOOD

Cluster Co-ordinator: Felicity Hunt
P: 0402 490 350
E: felicityhunt@optusnet.com.au
Date of Meeting: 3rd Thursday of each month
Time: 7pm – 9pm. Punctuality appreciated
Venue: PsychRespect, 323 Blackburn Road, Burwood East
Format: Friendly informal group, case reviews, APS matters, etc.; committed to meeting regularly.

CLUSTER: STRATHMORE

Cluster Co-ordinator: Maria Ruberto
P: 0488 440 815
E: salutegenics@bigpond.com
Date of Next Meeting: Monday evenings, 6 – 9pm
Venue: Suite 3b, 80 Keilor Road, Essendon
Notes: Open to needs of members; CBT, family systems; research reviews; case discussions and whatever members would like to bring. Let's make this a lively cluster!

CLUSTER: SUNRAYSIA AND FAR SOUTH WESTERN NSW

Contact: Katrina Needham,
 The Magnolia Clinic
P: 03 5023 0075
E: magclin@bigpond.net.au
Date of Next Meeting: Third Friday of the month, 1pm for 1 to 1.5hrs
Venue: Rotated (BYO lunch)
Notes: Aims to assist meeting PD requirements through DVD screening, discussion, case presentation, research/literature review etc
Attendees: All local and visiting registered and probationary psychologists welcome.

CLUSTER: WANGARATTA

Cluster Co-ordinator: Terry Zeeher
P: 5722 2589
E: humepsychology@commander360.com
Date of Meetings: First Thursday of each month
Venue: Hume Psychology, 96 Rowan Street, Wangaratta
 Friendly informal group, all welcome.
Notes: Opportunity to network, discuss current issues with colleagues over wine and cheese. Videos from Clinical College shown regularly (opportunity for PD points). Email contact preferred.

CLUSTER: WILLIAMSTOWN

Cluster Co-ordinators: Jenny Furey and Katie Dietrich
E: jafurey@optusnet.com.au
E: katie.dietrich@rch.org.au
Venue: Rotating venue, Williamstown
Date of Meeting: Every second month
Focus: Information sharing and discussion of topical issues in a friendly social setting.

Advertising Rates

Prices include GST (Effective January 2012)

- Full page and flyers (portrait shape) \$715
- Half page (landscape shape only) \$430
- One sixth page (portrait shape) \$230
- Classifieds per line \$30
- Inserted brochure/flyer \$750

NOVEMBER 2011

3 Bendigo Branch

AGM. The Clinical and Professional Successes and Challenges of Working in a Correctional Environment. Speaker: Dr Annie Thomas. Venue: Silks @ Bendigo Jockey Club, Cnr Heinz Street and Rohs Road, White Hills, 3551. Time: 6pm. Cost: APS member \$30, Non-APS member \$75. Registration: <http://www.psychology.org.au/Events/EventView.aspx?EventID=8524>. Bookings Essential.

4 Perinatal and Infant Psychology Interest Group (PIPIG)

Seminar: Mentalization and Parental Reflective Function: An Introduction. Presenter: Bronwyn Leigh. Time: Friday, 2pm-4.30pm. Venue: Conference Room, Hawthorn Campus, University of Melbourne. Cost: \$30 PIPIG members and students, \$40 non-PIPIG members. Afternoon tea provided.

11 Perinatal and Infant Psychology Interest Group (PIPIG)

Mentalisation and Parental Reflective Function: An Introduction. Time: 2pm-4.30pm. Registration from 1.30pm. Presenter: Dr Bronwyn Leigh. Venue: Conference Room, Hawthorn Campus, University of Melbourne, 442 Auburn Rd. Hawthorn. Cost: \$30 PIPIG members and students, \$40 non-PIPIG members. Afternoon tea provided. Register: Online at the APS Events Calendar: http://www.groups.psychology.org.au/pipig/events_cpd/. Queries: Bronwyn Leigh: bron@internode.on.net

12 Psychoanalytically Oriented Psychology Interest Group

Psychoanalytic Expo: How can psychoanalytic thinking help you in your work? Time: 9am – 5pm. Venue: Mercy Theatre, Australian Catholic University, 115 Victoria Pd, East Melbourne. Cost: POPIG Members \$100, non-members \$120, Students \$50. Registration 8.30am. Lunch provided.

13 Melbourne Branch Study Group Network

Topic: Positive Psychology – Wellbeing, Science and Practice. Presenter: Dr Jo Mitchell. Area Coordinator: Guy Avisar (Albert Park). Time: 1pm – 5pm. Cost: \$100. CPD Hours: 4. Contact: 0403 352 056.

15 Psychology and Ageing Interest Group (PAIG)

End of year function. Venue: To be advised. Topic: Ageing and Disaster Response. Presenter: Professor Nancy Pachana. Co-ordinators: Yvonne Wells and Barbara Parker. Time: 6.30 to 8pm.

17 Christianity and Psychology Interest Group

CAPIG End of Year Dinner. Time: 7pm. Venue: Harbour View Restaurant, Sandringham Yacht Club, Jetty Road, Sandringham 3191. Ph 9599 0999. Enquiries: Elizabeth Kinsey, on 0409717247 or cekinsey@optusnet.com.au. Please RSVP by 10 November.

21 Trauma and Psychology Interest Group

Clinical discussion: Working with women living with the traumatic impacts of gender-based violence. Time: 5.30pm to 8.30pm. Venue: Australian Catholic University – 115 Victoria Parade Fitzroy VIC 3000. Cost (Inc GST): Student: \$15 (Special Discount Rate); APS Member \$25; Non APS Member \$30. To Register Contact: Samantha Hyatt Email: samantha.hyatt@traumacentre.com.au

22 College of Forensic Psychologists

2011 Professional Development Program. Child Sexual Abuse - working with children, young people and families. Time: 7.30pm. Speaker: Helen Kambouridis. Venue: Conference Room, Thomas Embling Hospital, Yarra Bend Rd, Fairfield. Cost: APS members & students: FREE; Others: \$10. Enquiries: Murray Ferguson (murray.ferguson@monash.edu)

24 College of Health Psychologists

AGM. Time: 6.30pm. Venue: The Boardroom, Cabrini Hospital, 183 Wattletree Rd, Malvern.

25 College of Educational and Developmental Psychologists

CEDP National Conference. Venue: Rendezvous Hotel, 328 Flinders Street, Melbourne. Keynote speakers: Professor Katherine Weare, Professor Nick Allen, Professor Nancy Mather. Contact: Erica Frydenberg, Conference Chair, e.frydenberg@unimelb.edu.au or John Roodenburg, Scientific Program Chair, john.roodenburg@monash.edu. For details visit <http://www.groups.psychology.org.au/cedp/2011-conference/>.

25 Transpersonal Psychology Interest Group

The marriage of psychology and spirituality: An exploration of mental health, spirituality and the therapeutic relationship. Discussion Night 2. Time: 6.30pm till 9.30pm. COST: \$20 TPIG Members/students, \$30 non-TPIG members. Register via APS events. Facilitator: Nic Morrey. Venue: Phoenix Institute, 314 Queen Street Melbourne. PANEL: Includes Dr Janette Simmonds. Panel to be announced via TPIG email in October. Contact: Nic Morrey 0432 066 880. contactnicmorrey@gmail.com. Register: Register @ <http://www.psychology.org.au/Events/EventView.aspx?ID=8495>.

26 Melbourne Branch Study Group Network

Topic: Understanding Attachment: The Connecting Thread through the Lifecycle. Presenter: Dr Ruth Schmidt-Neven. Area Coordinator: Vivienne Wisniewski (Carlton North). Time: 9am – 1pm. Cost: \$110 (includes GST). CPD Hours: 4. Contact: 0409 200 065.

26 College of Educational and Developmental Psychologists

CEDP Conference Workshops. Speakers: Professor Katherine Weare and Professor Nancy Mather. Contact: Erica Frydenberg, Conference Chair, e.frydenberg@unimelb.edu.au or John Roodenburg, Scientific Program Chair, john.roodenburg@monash.edu. For details visit <http://www.groups.psychology.org.au/cedp/2011-conference/>

DECEMBER 2011

1 Melbourne Branch

AGM. 5.30pm. Victoria Suite 2, Sofitel, Melbourne on Collins, 25 Collins Street, Melbourne. Will include elections for all office positions: Chairperson, Treasurer, Secretary and Committee Members. The AGM will be followed by the Melbourne Branch End of Year/Christmas Function.

7 College of Clinical Psychologists

AGM and end of year celebration. To be held at Quay West, 26 Southgate Ave Southbank. Drinks will be served from 5pm. AGM at 5.30 and dinner at 6.30pm. Guest speaker is Dr Allan Shafer, Clinical Psychologist. Cost: \$35 for college members and \$45 for non-members, students may attend for no cost. Registration: Go to APS events page for online registration. Please register by 30 November for catering purposes. Enquiries: For information, call Karen Weiss on 0448 700 017.

FEBRUARY 2012

8-10 College of Health Psychologists

2012 Australasian Society for Behavioural Health and Medicine: 9th Annual Scientific Conference, Melbourne. Theme: Closing the gaps: Strengthening partnerships for understanding and improving health behaviour. For more information see www.asbhm.org/civCRM/event/info?reset=1&id=1.

MARCH 2012

8-10 College of Health Psychologists

The Australian Association of Developmental Disability Medicine (AADDM) 2012 Conference. Sydney. Themes: Mental Health, Physical Health Across the Life Span, and Health Services Development. For more information visit www.aaddm2012.com.

APRIL 2012

1-3 College of Health Psychologists

Allied Health Professions Australia 9th National Conference. Sydney. Themes: Allied Health – Strengthening Health Outcomes. For more information visit <http://www.alliedhealthconference.com.au/>.

EDITORIAL POLICY

This statement is based upon the editorial policy provided by INPSYCH, the national bulletin of the APS.

Aims and Objectives: The Victorian State newsletter of the APS is produced by the Victorian Branch of the APS in conjunction with the regional groups (and their representatives) from around the state. Its target audience is all levels of APS membership around the state of Victoria. It serves as a means of communication among the membership and as a publicity tool for the society in the public arena. It promotes the work of its members, acts as a forum for discussion and keeps the membership aware of forthcoming events and professional development activities.

Contents: The contents will regularly include a chair's report, national news, college and interest group information, regional reports, news of registration issues, brief notices and assorted reviews and news from members of the society.

Solicited articles: The Editor may approach suitable qualified authors to write on relevant issues.

Unsolicited articles: The editor encourages APS members to contribute unsolicited articles to the newsletter. Publication of unsolicited articles cannot be guaranteed. The Editor in consultation with regional representatives,

has the final decision for inclusion of material and the form that it takes. Unsolicited articles should not exceed 500 words, except by prior arrangement.

Colleges, Divisions and Interest Groups: All effort will be made to accommodate all contributions from the groups within the Society. Information from the APS groups should be kept to a maximum of one A4 page, unless arranged otherwise with the Editor.

Advertising: Placement of an advertisement in the newsletter is not necessarily an endorsement of the advertiser by the APS.

A full disclaimer is published in each edition. Activities conducted by APS groups will be denoted by the APS symbol at the top of the contribution. Approval of advertisements rests with the Editor who may consult with the regional newsletter representative. Advertising rates may be reviewed annually.

Brief Notices: Members wishing to place notices of non-profit initiatives will be referred to the Brief Notices page.

Submission of material: Material should be submitted to the Editor by the relevant deadline. Wherever possible copy should be submitted

by email as a Microsoft Word attachment.

felicity.allen@monash.edu.au

Publisher's disclaimer: The views expressed in this Newsletter are not necessarily those of the Australian Psychological Society. The publication of an advertisement by the Australian Psychological Society is not an endorsement of the advertiser nor of the products and services advertised. Only those professional development activities carrying the APS logo and an appropriate endorsement statement can be considered to be specifically approved by the APS. Advertisers may not incorporate in a subsequent advertisement or promotional piece the fact that a product or service has been advertised in a publication of the Society. The publications of the Society are published for and on behalf of the membership to advance psychology as a science and as a profession. The APS reserves the right unilaterally to cancel or reject advertising which is not deemed to be in keeping with its scientific and professional aims. While all care is taken, the APS does not take responsibility for advertisements containing incorrect information or for advertisements which do not appear as scheduled.

Felicity Allen

Editor, Victorian State Newsletter

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Moorabbin 03 9553 0162
Mornington 0419 369 140
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