

WORKING WITH MEN IN RELATIONSHIP CRISES: DO'S & DONT'S



Training for professionals working with men in relationship crises.

Presented by Owen C. Pershouse & Tony Christie

Sponsored by MNA. Inc (a non-for-profit organization)

DATE: Friday 27 July 2018

TIME: 8:30am registration for a 9:00am start – 4.30pm finish

VENUE: Hotel Urban Brisbane – 345 Wickham Tce, Spring Hill Q 4000

Workshop Description

The training is designed as a practical “how-to” adjunct to the therapy manual **MENDS: A Structured Approach to Assisting Men in Relationship Crisis** (Australian Academic Press). Research has confirmed that men fare poorly in several measurable areas after a relationship breakdown and appear to take longer to reconstitute healthy and productive lifestyles after separation or divorce. The workshop aims to upskill in ways to reduce anxiety and depression, as well as contain anger and enhance client self-judgments and sense of wellbeing. Valid and practical information, along with effective methods of enabling clients self-auditing, planning and progress evaluation are offered.

The therapeutic approach essentially adopts a structured, psycho-educational, and multidisciplinary forum for clients to address areas of psychological wellbeing, physical health, legal, social issues, and relationships. Importantly, this approach focuses on the male experience of key transition issues that occur during separation or relationship crisis, in order to help participants develop a personal and practical “map and compass”.

NB: 6.5 hours of Generalist and Specialist PD points available for each Workshop

Basic Level Training — Friday 27 July 2018

- A review of the social, legal and public-health frameworks
- Sensitising practitioners to typical client presentations (The Hostile Alienation Syndrome)
- Managing professional boundaries with males in relationship crisis
- Overview of key transitions (therapeutic pathway) for clients
- Understanding client risks and impasses
- Closer review of design elements; core audit issues (self, children, others); Objectives and typical handouts/homework exercises and evaluation procedures are covered.

Advanced Level Training — Date/ Venue to be advised

Additionally targets upskilling of practitioners from the Basic Level training (recommended), will incorporate:

- Suicide prevention and specific risk management techniques
- Psychometric assessments for client group
- Strategic enabling of pro-social client transitions
- Managing professional boundaries with males in relationship crisis
- Practitioner self-care strategies and skills.

“... The largest and most unacknowledged mental health risk in Australia today is among recently separated and divorced men. No group of comparable size is at higher risk for suicide, or for violence, depression or addictions.”

Steve Biddulph

Author of Manhood, Raising Boys & The Secret of Happy Children

BOOK YOUR PLACE AT THIS WORKSHOP NOW

Basic Level Training — \$450.00

Advanced Level Training — TBA (MENDS Manual included)

Catering provided includes: Morning Tea, Lunch, Afternoon Tea at venue

Register at www.mends.com.au

or email owen@pacificbehaviour.com

About the Presenters

Owen Pershouse

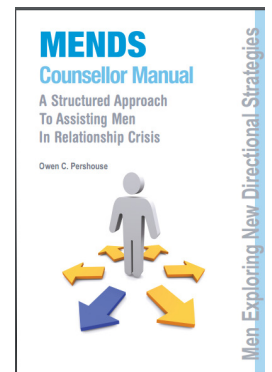


Owen is a Clinical and Forensic Psychologist in private practice in Brisbane. He was initially appointed a Regulation 8 (now Reg 7) Officer of the Family Court of Australia some 30 years ago; and continues to provide reports in that jurisdiction. Owen also provides specialised reports for Criminal and Children's Courts, including Sexual Risk-Assessment Reports, which are increasingly being used in proceedings. His career has involved therapeutic program design, delivery and evaluation in both public and private prisons; and across four (4) different States.

Prior to entering private practice, Owen worked in a number of institutional settings including Prison, Hospital and University Clinics. He's the architect of *MENDS*; and will provide key learnings and outcomes from 15 years of program operation.

Owen has authored a Counsellor Manual (A Structured approach To Assisting Men In Relationship Crisis - Australian Academic Press) which principles are covered in the training. Particular focus on the "Hostile Alienation Syndrome" will highlight this concept as enabling concept for therapists to more effectively engage clients.

www.australianacademicpress.com.au/books/details/83/MENDS_Counsellor_Manual_A_Structured_Approach_to_Assisting_Men_in_Relationship_Crisis



Tony Christie



Tony brings a wealth of experience in multiple industries, from a career in IT spanning law enforcement, local government, and airlines, through to delivering high intensity rehabilitation programs in Queensland's largest high security prison. He has overseen delivery of various intensive programs for male prisoners in Queensland Corrections. He has an Honours degree in Behavioural Science (Psychology). In all, he offers a valuable experiential resource for the training workshops now being offered.

His involvement with the *MENDS* program includes facilitating the program over more than 10 years (and more than 20 groups); as well as delivering training to new facilitators. Tony brings a range of relevant professional expertise regarding prosocially engaging men, and retains a passionate interest in social justice issues.

This training is an initiative of MENDS Now Australia Inc. which is a not-for-profit organization that has been incorporated to advance prosocial values and programming for men.