Applying Systemic Practice in Supervision

PsyBA MasterClass

ABOUT THE WORKSHOP

This one day workshop is designed to facilitate experienced supervisors in the practice of systemic supervision. Participants will gain knowledge on theory and practice of systems models in assessment, formulation and treatment and learn how to integrate systemic thinking in clinical supervision. The workshop will explore how to stimulate supervisee's personal and professional development through reflective tasks, exploring emotions and patterns in relationships and considering the organisational context and relevant stakeholders. The workshop will look at placing relationships at the focus of the supervisory and therapeutic/workplace encounter. This workshop is applicable to using systemic practice with both families and in the workplace reviewing work groups and organisational subsystems. Participants are required to attend the full day and will receive a certificate of attendance for 6 hours of face to face training. A short quiz is used to assess knowledge and understanding of the topic at the end of the day. Workshop content includes:

- Systemic theory and application to supervision
- How to use genograms/sociograms and work systemically in clinical practice and supervision
- Live demonstration of systems practice in supervision (family and workplace issues)
- Small group practice of systemic approaches to supervision, incorporating reflective practice
- Recognising and managing parallel process in supervision and applying reflective practice within a systemic framework
- Small group activities and case discussions.

ABOUT THE PRESENTER

Christine Senediak is Principal Director of Clinical Supervision Services and has over 30 years of experience working as a clinical psychologist, educator and supervisor. She has a strong interest in evidence based practice and systems theory and integrates this in her work as therapist, educator and supervisor.

LEARNING OUTCOMES

By the end of the workshop participants will:

- Have an understanding of systems theory and how this is applied both in clinical and supervisory contexts
- Have awareness of ‘self as therapist’, its relationship on the professional and personal self and applying this in supervision
- Have an understanding and work more competently and confidently with parallel process in supervision
- Understand how the systemic model helps supervisors to manage relationships
- Apply genograms and ecograms and systems tasks in supervision
- Understand clinical presentations systemically, taking into consideration multiple stakeholders, relationships and the interplay of mentoring and monitoring tasks in supervision.

For further details, registration and payment visit

www.clinicalsupervisionservices.com.au

10% Discount offered when 3 or more enrol and pay at the same time. Organisational rates available. Delivery of workshops is dependent on there being sufficient registrations.